

Alabama Occupational Therapy Association Fall Conference and Retreat 2025 Schedule

Thursday Day 1 - September 4th

10:00-12:30 Pre-Conference Registration

1:00-5:00 Trauma-Informed OT in Action: Applying the 6Rs of Healing Trauma

Laura Smith, OTD, OTR/L

Friday Day 2 - September 5th

10:00-1:00 Registration & Exhibition Hall

***Lunch will not be provided.*

General Assembly

1:00-1:15 Welcome Statement & Conference Kickoff

Laura Smith, ALOTA Vice President

1:15-2:15 2025 Elsie McKibbin Award Lectureship

Rachel Ashcraft, OTR/L, TBRI Practitioner, FAOTA

2:15-2:30 BREAK: *Exhibitors*

2:30-3:30 Finding Your Voice: Addressing the Under-Recognition of Occupational Therapy in Daily Practice

Kimberly Breeden, MS, OTR/L

3:30-3:45 BREAK: *Exhibitors*

****DOOR PRIZES****

3:45-4:45 Presidential Address & Awards Presentation

Alyssa Ritenour, ALOTA President & Casey Brock, Recognitions Chair

4:45 -5:45 2025 Keynote Address: “Daring to Dive in Deep Waters: Charting Your Unique Course in OT”

Danielle Centi, DrOT, OTR/L, CBIS

5:45-7:45 Networking Mixer

Saturday Day 3- September 6th

	Ballroom 1:	Ballroom 2:
7:00-8:00	Breakfast Buffet & ALOTA Business Meeting +10 min presentation Examining the Reasons Which Impact the Decisions of Occupational Therapy Practitioners Living in the State of Alabama to Opt-Out of Joining as Participating Members of the Alabama Occupational Therapy Association Letitia Osburn, DHSc, MS, OTR/L, Shaquandra Hampton-Parker, DHA, MS, OTR/L, Anslee Osborne, OTS, Amir Stargen, OTS, Blake Wagner, OTS, Addison Scott, OTS, Mariama Brown, OTS	
8:00-9:00	SHORT COURSE: Let's See What's Current-ly Being Created: Canva and ChatGPT for Pediatric OT Resources Beth Strickland, COTA/L	STUDENT SESSION: NBCOT® National Certification Exam: Information You Need to Know Deek Cunningham, PhD, OTR/L, SIPT (#2623), FAOTA
9:00-9:15	BREAK: Wags for Wellness & Exhibitors	
9:15-11:15	WORKSHOP: Occupational Therapy and the Pelvic Floor: Empowering Function, Restoring Dignity Heather Holland, OTR/L, Catherine Brock, OTD, OTR/L, CLCP, CLT, BCB-PMD, & Haley Curry, OTD, OTR/L	WORKSHOP: Reach for More: Paired VNS Therapy to Maximize Upper Extremity Function Post-Stroke Amanda Saylor, OTR/L, CNS, CBIS

11:15-12:15 Ballroom 1 11:15-12:30 Ballroom 2	SHORT COURSE: Generational Impact on the Workforce K. Megan Carpenter, OTD, OTR/L, SCFES	11:15-12:30 Poster Presentations (see Addendum below)*
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Sunday Day 4- September 7th

	Ballroom 1:	Ballroom 2:
7:30-8:00	Grab & Go Breakfast	
8:00-10:00	WORKSHOP: A Comprehensive Approach to Burn Care: Hands on Splinting and Edema Management Felicia Sanders, OTA	WORKSHOP: Understanding Opioid Use Disorder: An Experiential Learning Approach Through Simulation Valley McCurry, PhD, MBA, OTR/L, FAOTA & Jewell J. Dickson-Clayton, OTD, MPH, OTR/L, ATP, FAOTA
10:00-10:15	<i>Wags for Wellness Break</i>	
10:15-11:15	SHORT COURSE: From Patient to Practitioner: How a Brain Tumor and Vision Loss Led Me to Occupational Therapy Kahla Latham, OTR/L	SHORT COURSE: Applying Occupational Frameworks into Leadership Practice Val Labbe', OT/L, MSHA & Kylie Jenkins, MBA, OT/L
11:15-12:15	SHORT COURSE: You Can't Spell Burnout Without "OT" Bartlee Linton, OTR/L	SHORT COURSE: It's More than Picky Eating- It's ARFID K. Megan Carpenter, OTD. OTR/L, SCFES
12:15 Awarding of CEUs, dismissal		

Posters: Saturday 11:15-12:30 (7 mins to each poster) *Must attend entire presentation to get CEUs for posters

11:15-11:21 The Efficacy of Manual Therapy for the Treatment of COPD

Katie Brown, OTD, OTR/L, BCG

11:22-11:28 “Workplace Stress and the Mental Health Effects on Occupational Therapy Professionals Employed at Alabama Colleges and Universities”

Lovett Lowery, OTD, OTR/L, Charles Gossett, OTS, Kyndal Madlock, OTS, Mary Mooneyham, OTS, Claire Railey OTS, Haley Wiley, OTS

11:29-11:35 From Passive to Purposeful: A Justice-Based Approach to Digital Overuse

Taylor Quarles OTR/L

11:36-11:42 Enhancing Psychiatric Occupational Therapy Training through Simulation-Based Approaches

Sherita Lumpkin MA, OT/L

11:43-11:49 Facial Burn Rehabilitation: A Case Study of Intervention and Recovery

Symone Hinton, MS, OTR/L, Felicia Sanders, COTA/L, SaNovia Bell, MS, OTR/L

11:50-11:56 Mentor Education Guide: Occupational Therapy Doctoral Capstone Experience

Tracy O'Connor, OTD, OTR/L, BCPR; Faith N. Forehand, OTS; Chase E. McLanahan, OTS; Mary M. Morton, OTS; Rachel L. Ross, OTS; Savannah J. Sumrall, OTS; Devon M. Timmerman, OTS

11:57-12:03 Bridging the Gap: Educating OT Practitioners on the OTD Capstone Process

Tara Thompson , OTD, OTR/L

12:04-12:10 Building Empowerment Through Fitness: The Journey of the WILAH/BeFit Toolbox Collaboration

Jewell Dickson, OTD, Kimberly McCall, PhD; Jordin Lane, PhD, Keith McGregor, PhD, Raymond Jones, PhD, and Shellie Layne, M.Ed.

12:11-12:17 The Impact of Mindfulness Activities Among College Students

Tara Thompson, OTD, OTR/L; Anna Broadus, OTS; Gracie Cole, OTS; Sophia Jacobs, OTS; Ashley Powers, OTS; Maddie Williams, OTS

12:18-12:24 Level I Fieldwork Formatting Impacts on OT Student Stress Levels

Sarah Grate, EdD, MSOT, OTR/L, CHT; Cate Valentino, OTD, MAAL, MHSc, OTR/L, FMT